

## MOSS EQUIPMENT LIST

Years of experience have helped us develop the following list of items to bring to outdoor school. We encourage you to bring everything on the list. Please do not bring fragile or expensive items that could get lost or stolen. Pack your old clothes that provide warmth and comfort. It is a good idea to LABEL everything. We hike rain or shine!

### Clothing:

1. **RAIN\_GEAR** Poncho or rain jacket & pants (This is a must!)
2. 2 pairs of shoes (hiking boots, sneakers)
3. Daily change of socks and underwear
4. Heavy jacket and sweater or sweatshirts (fleece or wool)
5. Heavy warm shirts, and light tee shirts
6. 2-3 pairs long pants
7. 1 pair of shorts
8. Hat and gloves
9. Sleepwear (warm p.j's, long-johns or sweat pants)

### Bedding:

1. **WARM** sleeping bag or 3 blanket bedroll
2. Pillow (roll up in sleeping bag)
3. Sheet to the cover mattress

### Toiletries:

1. Toothpaste and toothbrush
2. Soap, 2 towels
3. Shampoo, brush and comb
4. Sunscreen, non-aerosol insect repellent
5. All medicines with complete directions

### Miscellaneous:

1. Flashlight and extra batteries (essential!!)
2. Small knapsack/daypack
3. Water bottle
4. Swimsuit/sunglasses
5. Bandana or handkerchief
6. Labeled plastic bag for dirty clothes
7. Cloth napkin

### Optional:

1. Binoculars
2. Waterproof boots
3. Books for evening reading
4. Playing cards

### DO NOT BRING THE FOLLOWING ITEMS:

1. FOOD (includes: gum, sodas, and candy)
2. Cell phones, Radios, Ipods, electronic games
3. Hairdryers, curling irons
4. Make-up
5. Money (unless your teacher requests this)
6. Jewelry or valuables
7. Pocket knife

